



**Session I: Motivational Session by Dr. Bishal Dhakal – “People’s Prejudice and Performance”.**

Dr. Bishal Dhakal, who has been providing integrated healthcare services at the community level through Health at Home, conducted motivational session. He presented the overall scenario of the healthcare system in Nepal and shared how adopting new technologies has helped his work in making health care accessible to people across the country. He further pointed out that people are more informed about healthcare due to improved information owing to digitization.