

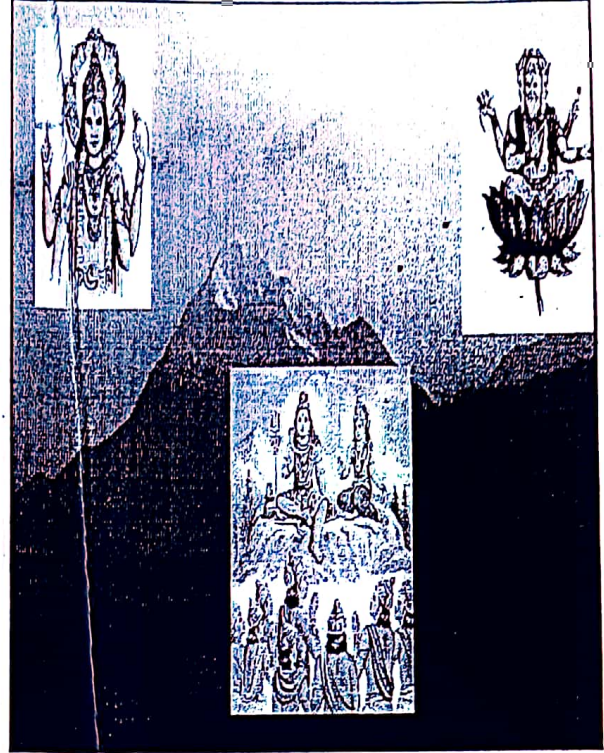
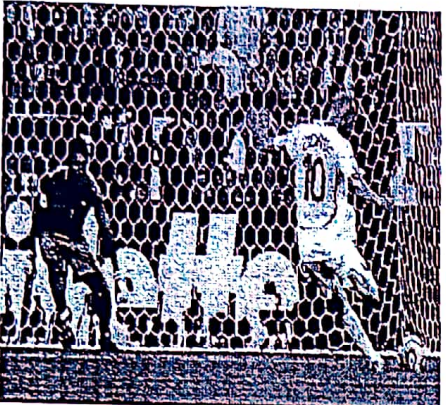


**The power
within a goal**

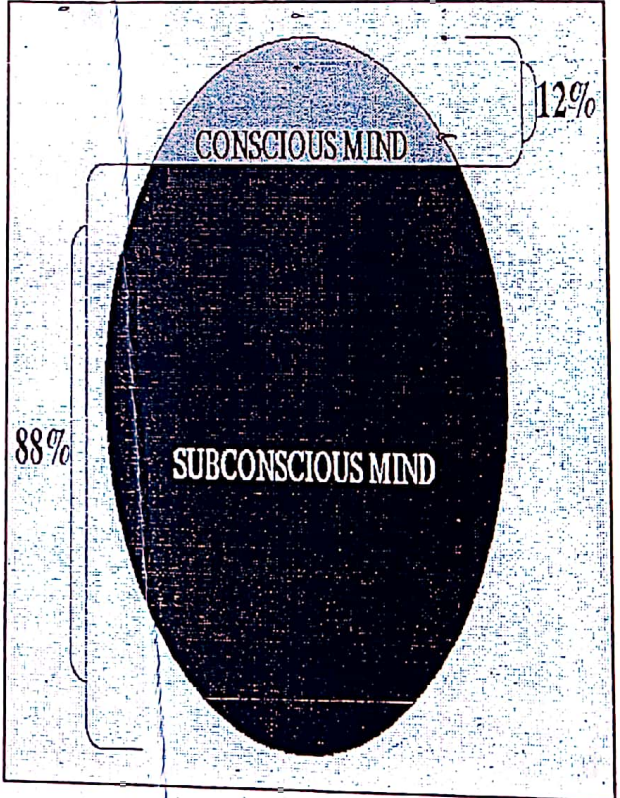
Mr. Akshay Wal

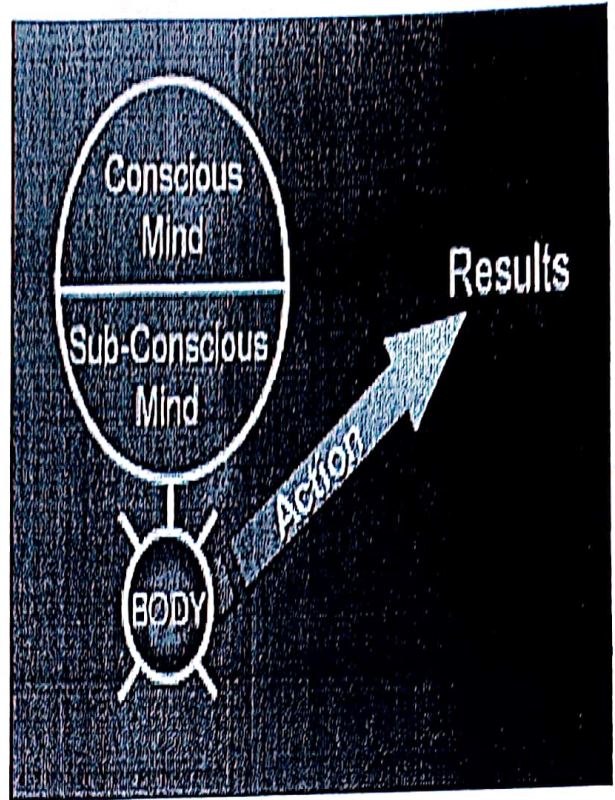
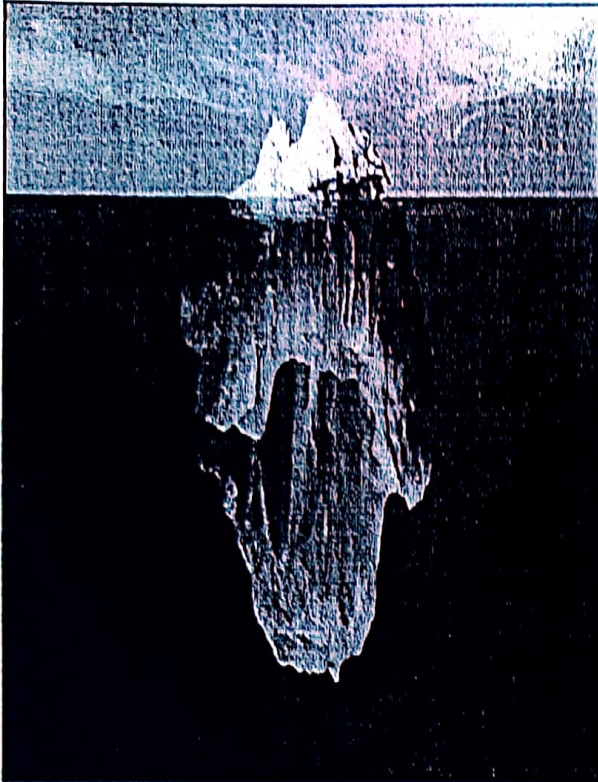
How goal setting works

1. Have a clear picture of what you want to achieve.
2. Write it down – read it every morning and night.
3. Make out your plans.
4. Start work on them immediately.
5. Don't harbour any negative thoughts.



***wondered
why this
goal
setting
process
works?***





Waste of our potential!

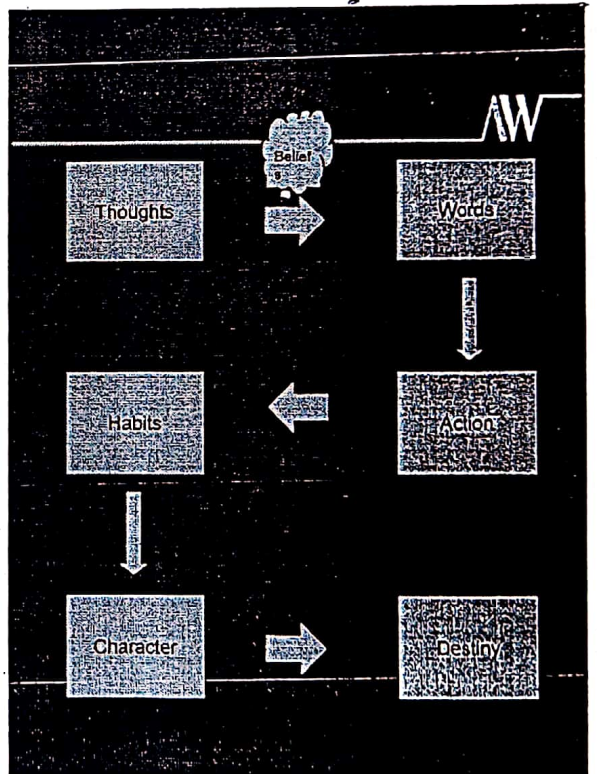
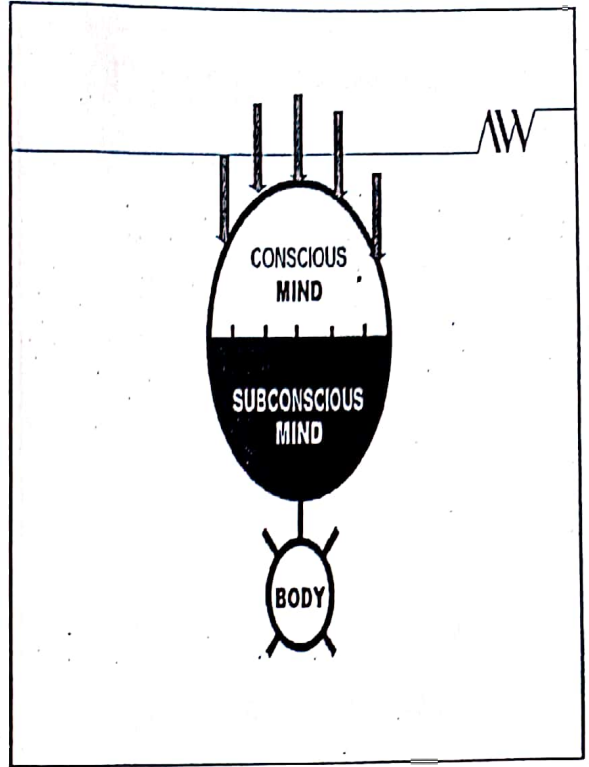
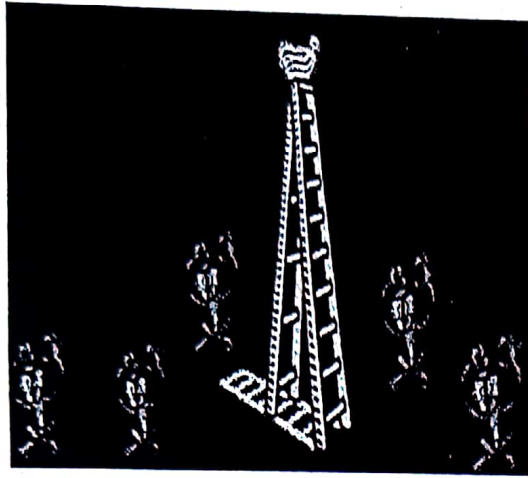


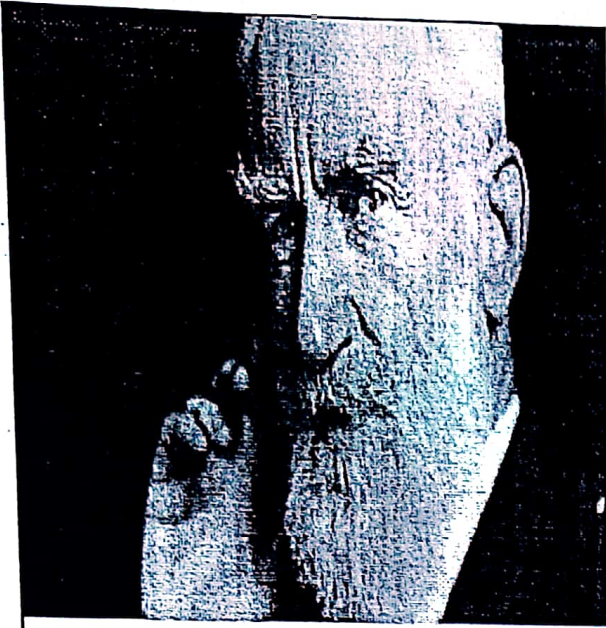
- Used only 8-12 % of his brain capacity!
- What about you?
- Stanford study shows average humans use only 2 - 4 % of their brain potential!

How we are conditioned!




The conditioning taking place






George Bernard Shaw – 2% people think,
3% people think that they think and 95%
people would rather die than think!

Do you realize the
power of 
the mind!

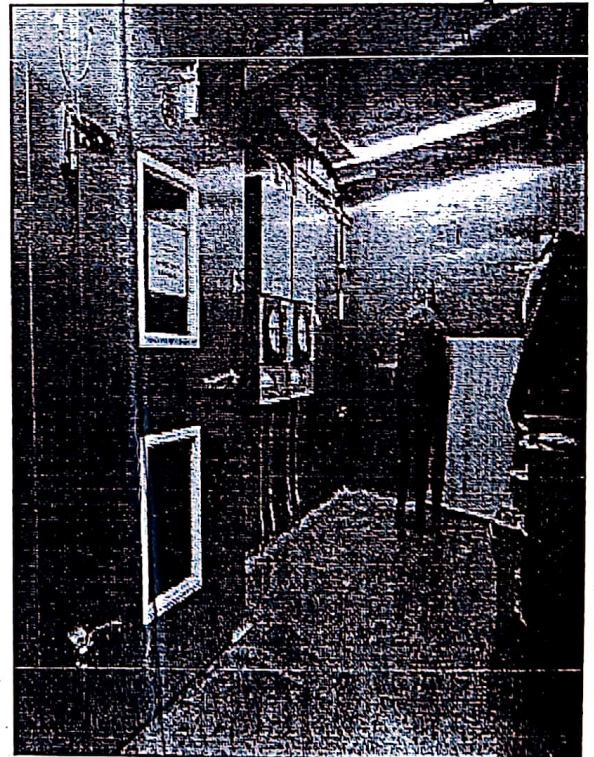


Remove negative
thoughts! 




Reasons why people have negative
emotions –

- 1) Justification
- 2) Rationalization and making
excuses
- 3) Hypersensitivity to others'
opinions
- 4) Blaming others

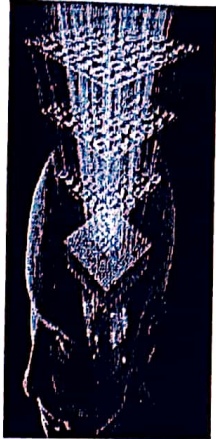


REAL. **FAKE.**
BOTH CAN CURE DEPRESSION.



We have all heard of Placebos being as effective as the actual medicines – haven't we?

AW



Tap into this power. Learn to use it – and change your life!

